



## Oasis Christian Church – Marriage Enrichment – July 10th Session: 31-day Relationship Challenge

*Directions: Whether you are going through a rough spot, in need of a martial tune up or just want special bond going strong, here is a simple, but effective tool. For the next 31 days, together complete one challenge a day and in any order. As you complete a daily challenge, cross out - "X" - the box completed and select a new challenge every day together. Bring your "marked" up calendar to the August 14 session for a time of sharing testimonies!*

**WARNING: At the end of the 31 days, you will become closer to your spouse (fiancé or fiancée) and all love, honor and respect for your mate will begin to resurface or be enhanced.**

| ◀ Jun 2015   |   | <b>31-Day Marriage Challenge: Scripture Focus: Eph. 5:31, 33, Matt. 19:5-6</b>        |  |   |   |  | Aug 2015 ▶ |
|--|---|---|--|---|---|--|------------|
|  |   |   | <b>1</b><br>Pray together in the morning before starting your day                                  | <b>2*</b><br>Plan and cook a meal together                                | <b>3</b><br>Read Colossians 4:6 together  | <b>4*</b><br>Go a whole day without correcting your husband ( or fiancé) |            |
| <b>5</b><br>Go to church together on Sunday at OCC   | <b>6</b><br>Read Colossians 3:12-14 and pray together before going to bed   | <b>7</b><br>Read Ephesians 5:31-32 together   | <b>8</b><br>Attend Mid-week Bible Study together at OCC  | <b>9</b><br>Read Ephesians 5:25-28 together                               | <b>10</b><br>Hug your wife at least 3x today                                    | <b>11</b><br>Go out for breakfast on a Saturday morning                  |            |
| <b>12</b><br>Don't leave the house today without a hug or kiss (fiancé or fiancée – send an early morning text of encouragement) | <b>13</b><br>Read Ephesians 5:22-24 together                                | <b>14*</b><br>Text your spouse (fiancé or fiancée) today with a word of encouragement | <b>15*</b><br>Write a love note and leave it in the car and read it on your lunch                  | <b>16</b><br>Read Philippians 4:4-9 together                              | <b>17*</b><br>Ask your wife (fiancée), what do you want me to do for you today? | <b>18</b><br>Share your favorite dessert together and read Mark 10:6-9   |            |
| <b>19*</b><br>Stay up late and talk and pray together before going to sleep  | <b>20*</b><br>Complete a task around the house together                     | <b>21</b><br>Read Ephesians 4:29 together   | <b>22</b><br>Attend Mid-week Bible Study together at OCC   | <b>23*</b><br>Take a sweet/silly photo together and read 1 Cor. 13:4-7    | <b>24</b><br>Pray together before going to bed                                  | <b>25</b><br>Read Colossians 4:6 together                                |            |
| <b>26</b><br>Talk a brief walk together after work or church   | <b>27*</b><br>Turn off the TV and chat for 10 minutes before going to sleep | <b>28</b><br>Read Ephesians :4:32 together  | <b>29*</b><br>Go out on a date with another couple or invite a couple over to the house for dinner | <b>30*</b><br>Go to the movies or watch a romantic movie together at home | <b>31</b><br>Kiss for 10 seconds  |  |            |